

# BOWEL MANAGEMENT PLAN

## Sample

Name: \_\_\_\_\_

DOB: \_\_\_\_\_

Date: \_\_\_\_\_

### Bowel Pattern and Management

#### DAY 1

Give routine aperient



Bowels open = remains Day 1

**Bowels not open**



#### DAY 2

Give routine aperient



Bowels open = return to Day 1

**Bowels not open**



#### DAY 3

Give routine aperient



Bowels open = return to Day 1

**Bowels not open**



Use enema OR suppository  
*as ordered \**



Bowels open = return to Day 1

**Bowels not open**



#### DAY 4

Give routine aperient



Bowels open = return to Day 1

**Bowels not open**



**REPORT to Manager, RN or HST**

**All bowel results must be recorded on Bowel Chart DAILY**  
**All interventions must be recorded on Medication sign-off sheet**  
If client is having *diarrhoea* or *frequent bowel motions*:  
RECORD on client's Bowel Chart + REPORT to Manager or RN  
**NEVER withhold routine aperient unless directed by Manager or RN**